



revive
S K I N

CONTRAINDICATIONS

1. SQT Bio Microneedling

Contraindications:

- Keloid or raised scarring
- History of eczema, psoriasis and other chronic conditions
- History of actinic (solar) keratosis
- History of herpes simplex infections unless under control
- History of diabetes or autoimmune disease
- Presence of raised moles, warts or any raised lesions on targeted area
- Collagen vascular diseases or cardiac abnormalities
- Scleroderma
- Rosacea and blood-clotting problems
- Active bacterial or fungal infection
- Immunosuppression
- Surgical or accident scars less than six months old
- Broken or injured skin
- You have used strong acidic products in the previous 2 weeks including Tretinoin and oral Vitamin A supplements
- Sun exposure within 2 weeks of treatment

Precautions:

- Medication - please advise us of any medication you are taking or have taken in the 2 weeks prior to your appointment, Sun exposure & Sunbed use is strictly prohibited when undergoing SQT treatments for at least 2 weeks before & after treatment. Nasal/Tanning injections are strictly prohibited at all times.

DO NOT have the SQT treatment if you have had any of the following within the specified timeframe below:

DERMAL FILLERS:

- Hyaluronic Acid (HA) based – 2 weeks
- Vital/Hydrate – 6 weeks
- Sculptra – 6 weeks
- Radiesse – 6 weeks

CHEMICAL PEELS & EXFOLIATION:

- Microdermabrasion/ Hydrafacial – 2 week
- Superficial Peel – 2 weeks
- Medium/Deep Peel – 6 weeks

LASER, LIGHT & RADIOFREQUENCY

- IPL – 1 week
- Laser Hair Removal – 2 weeks
- Resurfacing/Ablative treatments – 6 weeks
- Accutane, Chemotherapy, Radiation treatment – 6 months – 1 year

BOTULINUM TOXIN - 2 weeks

SKIN BOOSTERS - 2 weeks

EYEBROW TINT & WAX - 7 days

MEDICAL MICRONEEDLING - 4 weeks

RF MICRONEEDLING - 4 weeks

If you would like to discuss any of these contraindications please get in touch and we can advise you on what treatments are available to you based on the information you provide.

2. SkinPen Microneedling

Contraindications:

- Keloid scars
- Scleroderma
- Collagen vascular diseases or cardiac abnormalities
- A hemorrhagic disorder or hemostatic dysfunction
- Active bacterial or fungal infection
- Moderate psoriasis or eczema
- Open wounds, sores or irritated skin on treatment area
- Allergies to steel or stainless steel
- Pregnant or nursing
- Currently taking drugs with the ingredient Isotretinoin (Accutane) - need to wait 6 months
- Cancer at any time and in any form (must be clear for 5 years - Dr's note is required)
- Active acne above grade 3
- Auto immune disorders
- History of Bleeding disorders
- Cardiac abnormalities - Dr's note required
- Any prescribed medications for blood thinning (warfarin, aspirin, heparin)
- History of herpes simplex - use a viral medication prior to treatment
- Allergies to topical anaesthetic (a patch test can be carried out)
- Delicate, hypersensitive skin prone to allergies and highly vascular (telangiectasia/couperose) skin conditions

Precautions:

- Diabetes - GP note
- Immunosuppressive therapy - need to check medication
- If on antibiotics - wait 2 weeks clear
- Cold sore - wait 2 weeks clear
- Covid vaccine - wait 2 weeks
- Flu vaccine - wait 1 week
- Thyroid

If you would like to discuss any of these contraindications please get in touch and we can advise you on what treatments are available to you based on the information you provide.

3. CACI

CANNOT TREAT:

- If you have a Pacemaker or are Pregnant.
- If you have an allergy to metal.
- All forms of Cancer - A GP note must be provided for 5 years clear or in remission but NEVER if on chemotherapy or radiotherapy.
- If you have any heart conditions i.e. Angina/coronary heart disease - A doctors note must be provided.
- If you have a tumour, suffer from epilepsy, have an allergy to metal or rubber, have Thrombosis/Phlebitis, or skin diseases on the face.
- If you have an overactive thyroid.
- If you have Multiple Sclerosis.
- If you have any severe muscular conditions.
- If you have uncontrolled diabetes.
- If you have a lack of skin sensation.
- If prescribed Retin A medications (within 6 months).
- If prescribed Roaccutane oral medication (within 12 months).
- If you have sunburn.

CAN TREAT:

- If you have insulin dependant diabetes - a GP note is required.
- Recent scar tissue - wait 3-6 months.
- Facial operation - wait 3 months.
- Face and body allergy to rubber or metal - can tweak treatment.
- Botox - wait 3 months - can avoid the area.
- Collagen fillers - wait 2 weeks.
- Multiple sclerosis - results can be variable.
- Severe muscular conditions - a GP note is required.
- Face and body metal pins/plates - we can avoid the area.
- Face and body prosthesis - we can avoid the area.
- High blood pressure - results may be variable.
- Anti depressants/high blood pressure medication may take longer as may reduce effectiveness.

If you would like to discuss any of these contraindications please get in touch and we can advise you on what treatments are available to you based on the information you provide.

4. 3D HydrO2 Facial

Please let us know if you have or have had the following:

- Epilepsy
- Heart conditions including pacemaker
- Cancer at any time and in any form (must be clear for 5 years - Dr's note is required)
- Blood disorders
- Internal heat in the body (ex: fever or acute inflammation)
- Kidney and liver disease
- Severe high blood pressure or circulation problems
- Severe Couperosis
- Hemorrhagic disease, trauma, vascular rupture
- Inflammation of the veins, phlebitis
- Infections
- Autoimmune diseases
- Red, dry, and itchy skin rashes
- Transmissible diseases
- Impetigo
- Diabetes type 1 - Clients must provide written permission from their GP before treatment can be carried out.
- Accutane - Accutane causes thinning of the skin; you must wait 6 months after discontinuing Accutane before performing having the treatment.
- St John's Wort - Clients must be off it the same amount of time as they have been taking it.
- Antibiotics - Clients must be off it the same amount of time as they have been taking it.

If you would like to discuss any of these contraindications please get in touch and we can advise you on what treatments are available to you based on the information you provide.

5. Environ Facials & Cool Peels

Contraindications:

- Herpes simplex
- Unexplained inflammation or swelling
- Pacemaker
- Pregnancy
- Porphyria
- Multiple Sclerosis
- Cancer at any time and in any form (must be clear for 5 years - Dr's note is required)
- Infected skin disorders or diseases
- Delicate, hypersensitive skin prone to allergies and highly vascular (telangiectasia/couperose) skin conditions
- Inflammation, swelling or sun burned skin
- Epilepsy
- Botox or Dermal Filler injections – no treatment for two weeks post aesthetic treatments

Precautions:

- Ear Damage – includes tinnitus, shooting and driving accidents, ear infections and hearing implants require doctor's consent before having sonophoresis treatment
- Excess metallic fillings, metal plates or pins
- Anaesthesia in treatment area
- Highly nervous client
- Sunburn or irritated skin
- Open cuts and abrasions
- Botox - 2 weeks post

We advise a GP note before commencing treatment:

- Cardio vascular disease e.g agina or arrhythmia
- Circulatory disorder/high or low blood pressure
- History of thrombosis or embolism
- Diabetes

If you would like to discuss any of these contraindications please get in touch and we can advise you on what treatments are available to you based on the information you provide.

6. FILLMED

Contraindications:

- Keloid scarring
- Diabetes
- Wound healing disorders
- Coagulation disorders
- Somatic diseases
- Uncompensated pancreatic diabetes
- A stage herpes
- Papulopustular rosacea
- Recurrent streptococcal infections
- Hepatitis
- Multiple skin neoplasms
- Chronic articulations/rheumatism
- Cancer at any time and in any form (must be clear for 5 years - Dr's note is required)
- Skin cancer
- Covid Vaccine within 4 weeks of treatment
- Epilepsy
- Auto Immune disease
- Ent Disorders
- Chemotherapy
- Haemophilia
- Solar keratosis
- Bacterial fungal infections

If you would like to discuss any of these contraindications please get in touch and we can advise you on what treatments are available to you based on the information you provide.

7. Radiofrequency

Please let us know if you have/have had the following:

- Epilepsy
- Heart conditions including pacemaker
- Cancer at any time and in any form (must be clear for 5 years - Dr's note is required)
- Blood disorders
- Internal heat in the body (ex: fever or acute inflammation)
- Kidney and liver disease
- Severe high blood pressure or circulation problems
- Severe Couperosis
- Hemorrhagic disease, trauma, vascular rupture
- Inflammation of the veins, phlebitis
- Infections
- Autoimmune diseases
- Red, dry, and itchy skin rashes
- Transmissible diseases
- Impetigo
- Diabetes type 1 - Clients must provide written permission from their GP before treatment can be carried out.
- Accutane - Accutane causes thinning of the skin; you must wait 6 months after discontinuing Accutane before performing having the treatment.
- St John's Wort - Clients must be off it the same amount of time as they have been taking it.
- Antibiotics - Clients must be off it the same amount of time as they have been taking it.

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8. Million Dollar Facial / Miracle Mask

Million Dollar Facial Contraindications:

- Under 18 years of age
- Heart conditions including pacemaker
- Pregnant or breastfeeding
- Allergy to metal (skin needling)
- Use of Roaccutane within the last 12 months
- Use if any topical or oral medication prescribed by the doctor or dermatologist for skin issues such as acne
- Cancer/Skin Cancer (must be clear for 5 years - Dr's note is required)
- Psoriasis
- Eczema on the area
- Localised skin infections
- Low pain threshold
- Raised moles
- Keloid scarring
- Active acne
- Use of Retinol
- Blood clotting disorders
- Blood Thinning medication
- Active cold sores
- Autoimmune diseases such as: Rheumatoid / HIV/HEP B/HEP C
- Fitzpatrick scale 4-6
- Injectables 1 week before and 2 weeks after
- No numbing agents are to be used during the Million Dollar Facial

Million Dollar Miracle Mask Contraindications:

- Under the age of 18 years
- Pregnant or Breastfeeding
- Irritated skins – Sunburn, sores and lesions
- Skin conditions i.e. Eczema and Psoriasis
- Prescription medication to treat skin conditions; i.e. Roaccutane (wait 12 months)
- Localised Skin infections; i.e. Herpes simplex
- Allergies to Albumin (eggs)
- Vegan

If you would like to discuss any of these contraindications please get in touch and we can advise you on what treatments are available to you based on the information you provide.

9. LED Light Therapy

Contraindications:

- Epilepsy or seizures triggered by light
- Metabolic disorders such as Porphyria
- Autoimmune disorders such as Systemic Lupus Erythematosus (SLE)
- Photosensitive disorders such as Photosensitive Eczema
- Cancer at any time and in any form (must be clear for 5 years - Dr's note is required)
- Use of Photosensitive Medications

If you would like to discuss any of these contraindications please get in touch and we can advise you on what treatments are available to you based on the information you provide.



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